Mental Health and Addictions Services

Ratonga Hauora Hinengaro me te Waranga

Maternal Mental Health Mothers Support Tautoko Hauora Hinengaro mō ngā wāhine hapū

Our team supporting Mothers emotionally & physically to achieve household tasks & supporting with baby as needed.

Ka tautoko a WCLT i te hunga wāhine e hapū ana.Ko ngā aronga nui ko te hauora kare-ā-roto, hauora tinana anō hoki kia tūtuki ai ko ngā mahi tiaki whare, tiaki hoki i te tamaiti.

Enhanced Mobile Support Tautoko whānui-ā-hāpori

Our Clinical team supporting you to achieve medication independence with a wraparound approach including liaising with other agencies as needed.

Ka toro atu te kāhui WCLT ki ngā ūmanga rerekē kia whakariterite i tētahi māhere tautāwhi i a koe kia mātua motuhake tō kai rongoā.

Alcohol and Other Drugs Support Tautoko mō te waipiro me ngā tarukino

Our team supporting you to achieve a health & wellness approach that best supports your recovery.

Ka tautokona koe e te kāhui WCLT kia ngawari ai te tūtuki i te whakamāuitanga o tō hauora.

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Community Social Support Tautoko Pāpori

Our team working with you in the community to achieve community inclusion with social interactions.

Ka tautokona koe e te kāhui WCLT kia tutuki ai tō kuhu me ō taunekeneke ā-hāpori.

Home Help Support Tautoko-ā-whare

Our team supporting you to achieve household tasks and/ or personal cares.

Ka tautokona koe e te kāhui WCLT kia tūtuki ai ko ngā mahi tiaki whare, tiaki tuakiri anō hoki.

Contact Us for further information on (06) 348 0089 or visit our website www.wclt.co.nz

Tēnā whakapā mai ki te whakawhitiwhiti kōrero mō ngā kaupapa nei (06)3480089 rānei tirohia te paetukutuku www.wclt.co.nz

Located at 396A Victoria Avenue, Central, Whanganui.

Wāhi mahi 396A Victoria Avenue, Whanganui.



STRATEGIC PLAN 2023 - 2028

he aha te mea nui o te ao? he tangata he tangata he tangata.

what is the most important thing in the world? it is the people, it is the people, it is the people.



our values

our values embrace the kaupapa māori concepts of

kaitiakitanga trust

Committed to upholding trust as a fundamental value, both in our relationships with others and in our professional growth and development.

manaakitanga respect

Showing respect and care for people who use our services, information and share stories of their journey.

māramatanga understanding

Providing a better understanding of mental health conditions and or disabilities.

tautoko support

Providing support and education through a person-centred approach to achieve better health outcomes.

kotahitanga teamwork

Working together in partnership with our community upholding our TRUST values.

our strategic goals

To empower people to take ownership of their mental health & wellness by providing them with the necessary resources & support.

Provide a range of supports & resources to meet diverse health needs & improve a person's quality of life.

Individualised Wellness Recovery Action Plans (WRAP). Feedback surveys. Internal reporting &

data analytics.

people, workforce &

To foster a diverse, inclusive, & engaged workforce equipped with the skills. resources, & support to drive innovation, excellence & growth. that is aligned with WCLT values.

Recruit employees with lived experiences of mental health or with relevant qualifications.

Staff feedback surveys.

Fair & equitable recruitment process.

Performance reviews. Internal audits.

our purpose tātou whāinga

mental health

awareness &

education

To support people in our community with mental health conditions and or disabilities

our vision tāton moemoeā

empower and support people with lived experiences of a mental health condition and or disabilities to achieve personal goals and to become full and active members of our community.

empowerment to wellness

culture

To promote a community culture that supports mental health & well-being by increasing awareness, reducing stigma & improving mental health outcomes.

> Remove stigma & barriers by providing education, resources & support to people within our community.

Attendance record & feedback surveys.

Advocacy feedback.

Media engagement results.

sustainability service excellence

To achieve longterm financial sustainability, WCLT will increase revenue streams, control costs & optimise resource utilisation.

To exceed people's expectations by providing exceptional service.

Maintain current & expand potential revenue options.

Provide a timely, personalised, solution oriented service.

Revenue reporting. Minimise costs.

Feedback surveys.

Service interviews.

measures